

marie claire

**BUDGET
BEAUTY**

57 smart
buys to
refresh
your
look

+ SEXY
NEW SHORT
HAIRCUTS

FASHION
GETS
FIERCE
+ 158 BADASS
ACCESSORIES

Revealing

**VICTORIA
BECKHAM**

"I look at
David naked
and I think,
You done
good, girl!"

**Money
Therapy**

Do you
and your
wallet need
a shrink?

5 FOODS
TO MAKE
YOU LOOK
YOUNGER

MUST-READ

"I was a
mail-order
bride"

\$3.50



>> they've struggled with depression or sought counseling as a result of intra-female trouble. We've all read about 15-year-old Phoebe Prince, who hanged herself in Massachusetts this year after being viciously taunted by other girls in her school.

Q: Any theories on why women can be so vicious?

A: I think we have a greater evolutionary need to fit in, and it can make us behave awfully to each other. Evolutionary psychologists tell us that when men went out hunting and gathering while women huddled in groups doing the nurturing, it would literally mean death to a woman

if she were ostracized. Today, things aren't so different: We'll throw just about anyone else under the bus to keep ourselves from being thrown out of the group, too.

Q: Do you think you'll ever get over your sorority experience?

A: Ten years after college, I saw my rapist on the street, and it drummed up bad memories. Years later, I ran into one of my sorority sisters and was so upset, my twin daughters had to prod me to answer the woman's attempts to say hello. I've spent too many years feeling anxious and emotionally unsafe with women. This project has helped, but I still feel that way at times. —*Amanda Robb*



CAN YOU FEAR ME NOW?

Thanks to GPS chips, cell phones are a stalker's new weapon

■ Mary Beth Kopsovich, a director at the SafeHaven domestic-violence shelter in Arlington, Texas, remembers the day last fall when a young woman appeared at the door carrying her small child. Immersed in a nasty custody battle, the frightened mother was trying to escape an increasingly abusive ex-husband. Later that evening, the guy showed up at that very shelter—hiding in the bushes. How'd he find her? He'd been tracking her every move through the GPS chip in her cell phone.

Since 2005, all cell phone carriers, by

law, have installed GPS chips in their phones in order to aid 911 emergency responses. But carriers are increasingly using those chips to offer GPS tracking services to customers. The services, which allow an account holder to track the whereabouts of other phones on the plan in real time, may be great for keeping an eye on kids, but they're less great for women whose husbands or boyfriends turn stalkerish. Case in point: A recent study found that nearly 25,000 adults in the U.S. are now tracked by stalkers using GPS technology.

The GPS plans—such as Sprint's Family Locator, AT&T's FamilyMap, and Verizon's Family Locator—cost as little as \$5 a month and provide a virtual map that shows a phone's exact locale. The problem for women being stalked is that they sometimes forget the tracking service is activated; also, the service isn't necessarily easy to turn off. On most plans, the account holder is the only one who can deactivate it.

These services aren't the only tool for stalkers. Men can also buy GPS software online—Mobile Spy, GPS Spy, FlexiSpy—and install it on a woman's phone when she's not watching. Says Carrie Smart, director of community programs at Rose Brooks Center, an anti-domestic-violence agency in Kansas City, Missouri, "Women come to our shelter and have no idea that this could be on their phone." —*Jihan Thompson*

The Bottom Line Butt pads hit the big time



Marie Claire's Anna Maltby gets a boost.

■ Forget about Spanx. Bootylicious babes like Beyoncé and Kim Kardashian have inspired an array of underthings designed to make your butt look *bigger*—and the undies are flying off shelves.

Among the hot sellers: Booty Pop padded panties (\$20), which are now available at mass retailers like Walgreens and Bed Bath & Beyond, as well as Target online and the Booty Pop site (buybootypop.com). The company says it has orders for nearly a million pairs so far this year. But competition is stiff: Frederick's of Hollywood is selling the Booty Boy Short (\$28, fredericks.com), while Victoria's Secret is peddling a Bum Booster (\$34) in select stores.

But can the panties really turn you into J.Lo? We put them to the test. The results of our (highly subjective) study: The Booty Pop pair felt a bit "warm," our tester found. The Victoria's Secret pair, which resembles a girdle with removable butt pads, felt rather gut-constricting, but certainly created lift: "My butt shot out like a shelf," our tester noted. The silky Frederick's of Hollywood pair looked rotund but reasonably natural. All three pairs created visible panty lines when worn under leggings, so wearers would want to go with more forgiving clothes.

At least the underpants provide an alternative to a surgical butt-lift, which 5,000 American women opted to have last year. —*Abigail Pesta*